

Sexuality Education Professional Certification Course

Sexuality education is a specialized field that integration of sound knowledge and effective learning techniques to promote sexual health and sexual knowledge to different age groups in schools, community centers, social welfare agents and health care institutions.

This postgraduate training program consists of 10 hours of Sexuality Attitudes Reassessment workshop, over 90 course hours, and 10 hours of small group supervision, which will fulfill the HKASERT's requirements for using the title as Certified Sexuality Educator in Hong Kong.

Course Description

The focus of this course is on understanding the significance of human sexuality as it plays out throughout the life span from birth to old age.

The course will offer the participant an opportunity to critically investigate sexuality as it exists within a cultural context including religion, politics, gender analysis, social justice, familial, and societal influences. Through assigned readings, reflection, experiential activities, and small group supervision, participants will increase their awareness of sexual health issues, enhance self awareness and learn how to effectively educate others on positive sexual knowledge and issues of sexual health. This course will attempt to promote and enhance communication, assertiveness, and presentation skills, applicable to sexual health education, but also necessary for everyday life.

In addition to skill building, this course introduces participants to the basic concepts of sexual and reproductive anatomy, and topics, such as, contraception, sexually transmitted infections, sexual violence/abuse, religion, relationship values, politics, media, gender empowerment, drugs, body image, and one's sexual values will be examined.

The latest teaching-learning techniques in conducting sexuality education will be emphasized.

Entry Requirements: Applicants must hold at least a bachelor degree in education, social work, psychology, counseling or health discipline.

Maximum Intake: 50

Medium of Instruction: Bilingual (English and Cantonese/Chinese)

Granting of Sexuality Education Certificate:

The Certificate of Sexuality Education will be granted by the HKASERT. The granting of certificate is subjected to satisfactory completion of:

- a) 10 hours Sexuality Attitudes Re-evaluation; and
- b) At least 90% of attendance; and
- c) Book/Journal article review reports; and
- d) Answering evaluation questions for each topic, and
- e) 10 hours of small group supervision.

Accreditation:

Graduates of this course may carry forward up to one-third of the course credits for HKASERT Sex Therapy Professional Certificate Course. The coursework content is accredited by the American Association of Sexuality Educators, Counselors & Therapists (AASECT) for 90 hour-credits towards certification as Sexuality Educator.

Next course: 2010