

Sex Therapy Professional Certification Course

Approved by the American Association of Sexuality Educators, Counselors & Therapists (AASECT)

This sex therapy certification course is an intensive training program that is co-organized by HKASERT and Florida Postgraduate Sex Therapy Training Institute. It is offered for the 4th time in Hong Kong for postgraduate mental health practitioners, medical doctors, nurses, social workers, counselors and rehabilitation professionals. The course consists of minimum 130 course hours, and 20 hours of individual and group supervision, which are the eligible requirements for Certified Membership of HKASERT in which the Certified Member is entitled to use the title as HKASERT (Hong Kong Association of Sexuality Educators, Researchers and Therapists) Certified Sex Therapist in Hong Kong. In addition, graduates are eligible to become a General Member of AASECT and register as a Certified Sex Therapist in Florida, USA.

The focus of this program is on understanding the significance of human sexuality as it plays out in treatment situations from childhood throughout the life span.

Sex therapy is a specialized psychotherapeutic modality often utilizing short term approaches. The sex therapist deals openly and directly with sensitive and painful issues. Practitioners who work with sexually abused victims and disturbed partner relationships will gain expertise in specific treatment techniques necessitating their formulation of tailor-made treatment plans for their help-seekers.

LEARNER OBJECTIVES

1. Re-evaluate own sexual attitudes
2. Recognize the major bio-psycho-social factors that share sexual functioning
3. Specify counseling techniques and interventions for clients(s) presenting with sexual dysfunction, disorders and paraphilias
4. Specify ways to encourage loving relationships between partners
5. Learn basic sexual rights and ethics
6. Differentiate physical and psychological causes of sexual dysfunctions
7. Assess the impact of diseases, drugs and disabilities on sexual functioning and relationship
8. Update with the latest research in clinical sexology
9. Understand sexual health issues and sexually transmitted diseases

COURSE CONTENT

1. Sexual attitude re-evaluation
2. Sexual and reproductive anatomy and physiology
3. Developmental sexuality
4. Diagnosis and treatment of sexual dysfunctions, disorders and deviancy (Paraphilias)
5. Gender identity & sexual orientation
6. Medical factors related to sexuality and sexual functioning
7. Dynamics of interpersonal and family relationships and sexuality
8. Sexuality transmitted diseases
9. Sexual abuse intervention
10. Sexual rehabilitation for people with disabilities
11. Research on clinical sexology

SCHEDULE OF TEACHING

Classroom Teaching (subject to change)

Intensive Teaching Block: 26/9/2011 - 30/9 & 3/10.

Other Teaching dates: 15/10, 29/10, 12/11, 19/11, 3/12, 17/12, 7/1/2012, 21/1, 4/2. Participants need to take note that the first week is a one-week intensive teaching block, and subsequent teaching will be held on alternate Saturdays.

Class Hours: 09:00 – 18:00 (includes lunch hour and tea breaks)

MODULES

I. Sexual Attitudes Re-evaluation (SAR) 10 hours of lectures and small group discussions	III. Clinical supervision 10 hrs of group supervision integrated with coursework & 10 hrs of individual supervision by appointments over 6 months
II. Classroom Teaching 120 hours of lectures, videos, small group discussions, demonstration of treatment strategies and interactive discussions with real case clients	IV. Self-directed study 40 hrs of clinical practice, book reports for 5 professional journal articles and 5 sexuality related textbooks

MEDIUM OF INSTRUCTIONS Bilingual (English and Cantonese)

EXPECTED CLASS SIZE 30

COURSE FEES \$33,000 (including a textbook, lecture notes, group and individual supervision fees).

VENUE (to be confirmed)

ENTRY REQUIREMENTS

- Applicants must be a practicing professional, with minimum 2 years of working experience in one of the following areas: medicine, nursing, rehabilitation, social work, psychology and counseling; AND have a recognized master degree in relevant field.
- Holder of HKASERT Sexuality Education Certificate, who has also met the above admission requirements, may be granted with 1/3 of the course credits and fees exemption if application is successful.
- By submitting application, applicant acknowledges and accepts that the course organizers **reserve the right** to accept or decline application without assigning any reason.

ACCREDITATION

1. Eligibility to become a certified member of the HKASERT.
2. Eligibility to become a general member of AASECT. This program meets the requirements of the American Association of Sexuality Educators, Counselors and Therapists for 120 CE credits. These CE credits may be applied toward AASECT certification.
3. Eligibility for registration in Florida, US as certified sex therapist.

FACULTIES

Prof. Matthew YAU BAppSc, MCom, MSc(Hons), PhD, OTR, CST is the course coordinator, university professor, AASECT Certified Sex Therapist and Supervisor, and Course Instructor of Florida Postgraduate Sex Therapy Training Institute. Prof. Yau has years of experiences in the field of mental health and psychiatry. He provides counseling and sex therapy consultations in NGO services and rehabilitation clinic. Prof. Yau is the founding chairperson of HKASERT.

Dr. Angela NG M.B., B.S. (HKU), D.F.M. (CUHK), M.R.C.G.P (UK), is a medical practitioner in Family Medicine. Dr. Ng is a well known sex educator and therapist. She is also the host of a popular radio talk show on sexual health and relationship.

Ms Sheron LI BSW, MSS, RSW is a registered social worker, marital counselor & HKASERT Certified Sex Therapist.

Ms Grace CHAN BSS, MSS, RSW, is a Social Work Supervisor & HKASERT Certified Sex Therapist. Ms Chan has years of experiences in sexual abuse prevention & intervention as well as counseling to childhood sexual abuse survivors.

Dr. Eddie CHOW MBBS (HK), MMED (Geriatrics) (N S W), MRCP (UK), FHKCP, FHKAM (Medicine), is a physician with specialist qualifications in Rehabilitation, Geriatrics and Internal Medicine. He is a HKASERT Certified Sex therapist. Dr Chow is currently serving as the Rehabilitation Director in a public hospital in Hong Kong.

Dr. Christopher YIU Chi-pang MBBS (HK), PhD, FRCS (Edin.), FCS (HK), FHKAM (Surgery), is specialist in general surgery with special interests in breast cancer managements. He is currently working as a private surgeon. He is as well a HKASERT certified sex therapist and is experienced in the management on couples with sexual dysfunction.

Dr. Anna NG BA, MSW, PhD, RSW, CST, is a registered social worker & HKASERT Certified Sex Therapist. Dr. Ng has years of experience in doing research related to female sexuality. She has been a sex therapist in a private sexual health clinic since 2007.

Ms Diana KWOK BSS, MSW, RSW, is a registered social worker, mental health counselor & HKASERT Certified Sex Therapist. Ms. Kwok has years of experiences in the field of mental health and LGBT social services.

And other experts in the field of sexology and sexual health.

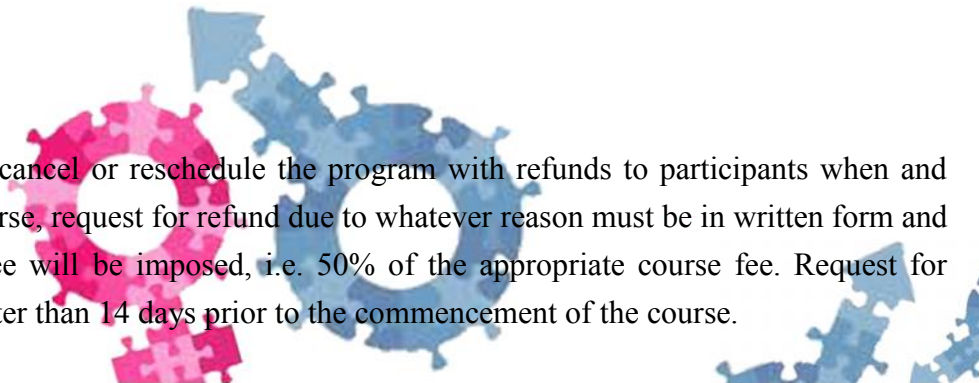
ENROLMENT

Interested parties can complete the Application Form with cheque payable to

“*Hong Kong Association of Sexuality Educators, Researchers & Therapists Limited*” and return to “HKASERT, P.O. Box No. 28660, Gloucester Road Post Office, Wan Chai, Hong Kong” on or before 15th August 2011.

COURSE CANCELLATION

The course organizer reserves the right to cancel or reschedule the program with refunds to participants when and where appropriate. After enrolled in the course, request for refund due to whatever reason must be in written form and submitted to HKASERT. A cancellation fee will be imposed, i.e. 50% of the appropriate course fee. Request for course withdrawal must be submitted not later than 14 days prior to the commencement of the course.



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APPLICATION FORM

Please complete the followings and return to HKASERT, P.O. Box No. 28660, Gloucester Road Post Office, Wan Chai, Hong Kong with cheque amounted payable to

“Hong Kong Association of Sexuality Educators, Researchers & Therapists Limited”
on or before 15th August 2011.

PERSONAL DETAILS

Name : _____
(English) (Chinese)

Position/Job Title : _____

Department / Unit : _____

Organization : _____

Primary Profession & Work Experience : _____
(please tick where appropriate)

<input type="checkbox"/> Medicine (___ years)	<input type="checkbox"/> Nursing (___ years)
<input type="checkbox"/> Rehabilitation (___ years)	<input type="checkbox"/> Social work (___ years)
<input type="checkbox"/> Psychology (___ years)	<input type="checkbox"/> Counseling (___ years)
<input type="checkbox"/> Other, Please specify: _____ (___ years)	

Academic Qualification(s) : _____

Mobile Phone Number : _____

Postal Address : _____

Email Address : _____

PAYMENT DETAILS

Cheque Issuing Bank : _____

Cheque Number : _____

Amount : HK\$33,000

ENQUIRY Should you have any queries on the program, please contact the Secretariat, HKASERT at 3583 4184
or via email: info@hkasert.org.hk.